

# BEGINNERS Free-Motion Machine Quilting

with Helen Godden

## *Liberation from the Ditch!*

Get ready for Education & Inspiration.



- 1 yard of plain muslin/calico cut into quarters. Sandwich a pair together with a layer of batting. You will need to prepare 2 sandwiched squares, basted with approx 6 safety pins.
- Approx 2 x 5" square of scrap fabric for a raw edge applique exercise.
- Approx 6" square of iron on webbing

- Looking forward to meeting you soon!